

# Advantage INO Prenatal Dental Care Program



**BEST HEALTH PLANS**

[www.besthealthplans.com](http://www.besthealthplans.com)

If you are planning to conceive or are already pregnant, you can lower your chances of having your baby too early by maintaining good oral hygiene and by getting a dental exam and cleaning.

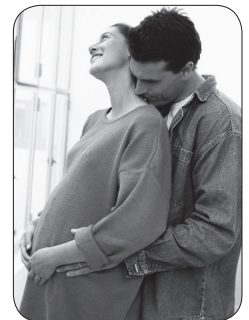
Research has linked periodontal disease to higher risks of pre-term low weight births in pregnant women. Women who receive periodontal therapy before 28 weeks of gestation can significantly lower the risk of pre-term birth.\*

If you are experiencing symptoms of gum or periodontal disease, or if your dentist recommends additional dental care, your Advantage INO dental plan includes a Prenatal Care Program at no cost to you:

- Eligible services are covered by the program at \$0 cost to you.
- No referrals, no waiting periods if provided by a network dentist.
- Provided benefits are not applied to your dental plan's maximum or deductibles.
- To be eligible, you must be in your second or third term trimester.

\*Periodontal Therapy May Reduce Incidence of Preterm Births, American Academy of Periodontology, November 21, 2005. Visit [www.perio.org](http://www.perio.org) for more information.

## How to use the Prenatal Dental Care Program



Just follow three easy steps:

1. Make a dental appointment and let your dentist know:
  - › The stage of your pregnancy,
  - › Your due date, and
  - › The name and contact information of your attending physician or obstetrician (must be included on the claim form).
2. Make certain fees and expenses for cleanings, deep scaling (deep cleaning of the teeth below the gum line), debridement (the removal of dead or infected tissue) and periodontal maintenance are waived by your dentist.
3. **Important:** remind the dentist to include your due date and doctor's information on the claim form.

Always let your dentist know how many weeks you are into your pregnancy.

If you require extensive dental work and medication or anesthesia is needed, it is recommended that you have this done prior to the fourth month of your pregnancy to avoid complications.

For more information on your dental plan, visit [www.yourdentalplan.com/bhp](http://www.yourdentalplan.com/bhp), or call the toll-free Member Services phone number on the back of your ID card.

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