

**BEST Life**  
BEST Life and Health Insurance Company

Dental



*PPO Dental &  
IndemnityPlus Plans*

Group Sizes 2 or more

Underwritten by BEST Life and Health Insurance Co.

# *Affordable Dental Care with Big Business Benefits*

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**B**EST Life's portfolio of PPO and Indemnity dental plans is designed for groups as small as 2 employees enrolling. Both dental plans have access to a network for out-of-pocket savings, and additional features like Good Children's Vision Benefit and a special Supplemental Dental Accident Benefit. With a wide range of benefit options to choose from, we're sure there is a product to meet your clients' needs.



# Dental

# Dental Plans for Group Sizes 2+



## ✓ BEST LIFE PPO DENTAL

These incentivized dental plans provide members cost-savings features when they receive care from a network dentist.

- Dental PPO with higher in-network benefits;
- Access to a regional PPO provider for network savings;
- Automatic access to DenteMax's national PPO network when outside the primary network service area;
- Flexible plan designs from basic, mid, to high options to fit any group's needs;
- Out-of-network UCR reimbursement at the 80<sup>th</sup> or 90<sup>th</sup> percentile;
- Implants and posterior composites covered;
- Child and adult orthodontia available as an option; and
- Discounts for non-covered services, including cosmetic and orthodontia available directly through participating providers within the PPO networks.



## ✓ INDEMNITYPLUS

This dental indemnity plan provides the most freedom. Members can choose any licensed dentist in the USA, and save on dental care when they use a provider within a PPO network.

- Same coinsurance levels in and out-of-network;
- Access to PPO networks for additional out-of-pocket savings;
- Automatic access to DenteMax's national PPO network when outside primary network service area;
- Flexible plan designs from basic, mid, to high options to fit any group's needs;
- Out-of-network UCR reimbursement at the 80<sup>th</sup> or 90<sup>th</sup> percentile;
- Implants and posterior composites covered;
- Child and adult orthodontia available as an option; and
- Discounts for non-covered services, including cosmetic and orthodontia available directly through participating providers within the PPO networks.

### Voluntary Dental Plans

All of our dental plans can be offered as voluntary benefits. These plans allow employers the opportunity to offer a low-cost dental package to employees at no additional cost to the employer. For a group to qualify for our voluntary dental plans we require a minimum of 20% of all eligible employees to enroll, with no less than five enrolled.

Groups who demonstrate above 60% participation are eligible to receive their voluntary plan at employer-contributory rates.

### Mid-sized to Large Groups

We offer customized dental plans for groups with 100 or more employees enrolling. Please contact your BEST Health Plans Representative for a custom quote.

# Other BEST Life Dental Product Features

BEST Life’s dental plans include the following features:

## Dental Networks

BEST Life’s dental plans offer access to national and regional PPO networks.



Network	States of Coverage	Products/Plans
DenteMax	National	PPO & Indemnity
Diversified Dental Services (DDS)	NV	PPO & Indemnity
First Dental Health (FDH)	CA	PPO & Indemnity
Maverest Dental Alliance	IN	PPO & Indemnity
Total Dental Administrators (TDA)	AZ*, UT	PPO & Indemnity
CONNECTION Dental	D.C., FL , MD, MO, & TX	PPO Plans Only

\* Network available for PPO plans only.

Discounts for orthodontic services and other non-covered services are available through the PPO provider networks.

## Special Benefits

BEST Life provides a **Children’s Good Vision Benefit**. This benefit covers 50% of UCR for an eye exam once every 12 months. This benefit is available for eligible dependent children through age 18. Included with the purchase of orthodontic benefits.

A **Supplemental Dental Accident Benefit** is included with all BEST Life dental plans. This benefit covers injuries to sound, natural teeth up to \$500 or \$1,000 per incident, depending on the plan selected.

## EyeMed Discount Program<sup>1</sup>

Groups who purchase a BEST Life dental plan will also receive an EyeMed Discount program for discounts off of exams, eyeglasses, progressive lenses, UV coating, tints, polycarbonates, contacts, and laser vision correction. Discounts are only available at EyeMed locations. (Not insurance, discount only.)

## LASIK Eye Surgery Discounts<sup>1</sup>

BEST Life members are automatically eligible to participate in our LASIK Eye Surgery Discount program administered by QualSight. Those who call QualSight and identify themselves as a BEST Life member may receive 40-50% off the national average charge for LASIK procedures. (Not insurance, discount only.)

<sup>1</sup> Discount programs are available through the BEST Employers Association. Association membership is required to purchase a BEST Life insurance product. Employees become members prior to enrolling in a BEST Life plan.

# BEST Life PPO Dental Plans



Plan Design	PPO Dental					
	High Plan		Mid Plan		Basic Plan	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
<b>Calendar Year Maximum:</b>	\$2,500	\$2,000	\$2,000	\$1,500	\$1,500	\$1,000
	\$2,000	\$1,500	\$1,500	\$1,000	\$1,000	\$750
	\$1,500	\$1,000	\$1,000	\$1,000		
	\$1,000	\$1,000				
<b>Individual Calendar Year Deductible</b> (3 per family max):	\$0, \$25, \$50, \$75 or \$100 Applies to Basic and Major Services					
<b>Class I: Preventive Care Services</b> – Routine oral exam, cleanings, fluoride treatment for children, X-rays, sealants	100%	100%	100%	80%	80%	80%
<b>Class II: Basic Services</b> – Fillings (amalgam, porcelain & plastic), anterior and posterior composites, anesthesia (general or intravenous sedation), emergency palliative treatment, space maintainers for children, pathology	90%	80%	80%	80%	80%	50%
<b>Class III: Major Services</b> – Crowns & gold fillings, inlays, onlays and pontics, implants, fixed bridges, complete and partial dentures	60%	50%	50%	50%	50%	50%
<b>Oral Surgery</b>	Class II		Class II		Simple & surgical extractions under Class II, other oral surgery under Class III	
<b>Endodontics</b>	Class II or Class III					
<b>Periodontics</b>	Class II or Class III					
<b>Waiting Periods</b>	12 month waiting period applies to Major and Ortho services*					
<b>Orthodontics (optional) **</b>	50%					
<b>Child Only Benefit Maximum Options</b>	\$1000 Lifetime / \$500 Calendar Year Maximum or \$1,500 Lifetime / \$750 Calendar Year Maximum					
<b>Adult and Child Benefit Maximum Options</b>	\$1000 Lifetime / \$500 Calendar Year Maximum		\$1000 Lifetime / \$500 Calendar Year Maximum		Not Applicable	
<b>Special Dental Accident Benefit</b>	\$1,000 maximum per accident		\$1,000 maximum per accident		\$500 maximum per accident	
<b>Children's Good Vision Benefit</b>	Included with Orthodontia only					

\* Waived for qualifying groups. Please refer to the Dental Underwriting Guidelines for rules on waiving waiting periods.

\*\* Orthodontic benefit options are available to groups with 5 or more employees enrolling. Adult orthodontia is available only to employer-contributory groups with 25 or more employees enrolling.

# BEST Life IndemnityPlus Dental Plans

Plan Design	IndemnityPlus		
Benefits	High Plan	Mid Plan	Basic Plan
<b>Calendar Year Maximum:</b>	\$2,500	\$2,000	\$1,000
	\$2,000	\$1,500	\$750
	\$1,500	\$1,200	\$500
	\$1,000	\$1,000	
<b>Individual Calendar Year Deductible</b> (3 per family max):	\$0, \$25, \$50, \$75 or \$100 Applies to Class II and Class III		
<b>Class I: Preventive Care Services</b> – Routine oral exam, cleanings, fluoride treatment for children, X-rays, sealants	100%	100%	80%
<b>Class II: Basic Services</b> – Fillings (amalgam, porcelain & plastic), anterior and posterior composites, anesthesia (general or intravenous sedation), emergency palliative treatment, space maintainers for children, pathology	90%	80%	80%
<b>Class III: Major Services</b> – Crowns & gold fillings, inlays, onlays and pontics, implants, fixed bridges, complete and partial dentures	60%	50%	50%
<b>Oral Surgery</b>	Class II	Class II	Simple & surgical extractions under Class II, other oral surgery under Class III
<b>Endodontics</b>	Class II or Class III		
<b>Periodontics</b>	Class II or Class III		
<b>Waiting Periods</b>	12 month waiting period applies to Major and Orthodontic services*		
<b>Orthodontics</b> (optional) **	50%		
<b>Child Only Benefit Maximum Options</b>	\$1000 Lifetime / \$500 Calendar Year Maximum or \$1,500 Lifetime / \$750 Calendar Year Maximum		
<b>Adult and Child Benefit Maximum Options</b>	\$1000 Lifetime / \$500 Calendar Year Maximum	\$1000 Lifetime / \$500 Calendar Year Maximum	Not Applicable
<b>Special Dental Accident Benefit</b>	\$1,000 maximum per accident		
<b>Children's Good Vision Benefit</b>	Included with Orthodontia only		
<b>Reimbursement Level</b>	80 <sup>th</sup> or 90 <sup>th</sup> percentile		

\* Waived for qualifying groups. Please refer to the Dental Underwriting Guidelines for rules on waiving waiting periods.

\*\* Orthodontic benefit options are available to groups with 5 or more employees enrolling. Adult orthodontia is available only to employer-contributory groups with 25 or more employees enrolling.

# The Fine Print



## Employee Effective Date

An employee's coverage will take effect:

- On the date the group's coverage takes effect if the employee's enrollment card is received within 31 days of that date and if there are no waiting periods to satisfy; or
- On the first day of the calendar month following the date the waiting period is met. The employee's enrollment card must be received within 31 days after satisfying the waiting period. If an employee is not working full-time on the date he or she would otherwise become covered, the employee will not be eligible for coverage until he or she returns to active work.

New employee hires can join the plan the first of the month after the date of hire, if elected by the employer on the Employer Application.

## Dependent Eligibility

Eligible dependents include spouse and dependent children. The definition of dependent may vary by state. Refer to the plan's Certificate of Insurance or your Sales Representative for details.

## Dependent's Effective Date

An eligible dependent's insurance will take effect on the later of the following:

- If an eligible employee enrolls their eligible dependents at the time of the employee's initial enrollment, then the dependent's effective date is the same as the employee's effective date; or
- If, after the eligible employee's initial enrollment, the employee acquires an eligible dependent, then the acquired dependent's effective date is the first day of the calendar month following the dependent's enrollment date (provided the enrollment is made within 31 days of the dependent's initial eligibility date).

## Late Entrants To The Plan

If an employee or dependent enrolls for coverage 31 days or more after becoming eligible, he or she will be considered a "late entrant" and only eligible for:

- Preventive services during the first 12 months of continuous coverage; and
- Preventive services and 50% of Basic services not to exceed a maximum of \$500 during the second 12 months of continuous coverage.
- Major services when the employee or dependent is no longer a "late entrant".

## Usual, Customary and Reasonable

BEST Life bases claims payment on the "usual, customary and reasonable" (UCR) charge for covered dental services and supplies. UCR is determined by the fee commonly charged specifically for the severity and nature of the treatment within the dentist's particular geographic area. In-network claims are paid by the UCR fees listed in the Preferred Provider Fee Schedule. Out-of-network claims payments are based either on the UCR or on a fee level that is within the same range of fees considered to be UCR.

## Advance Notice of Dental Treatment

Any course of treatment a provider estimates to be in excess of \$500 must be reported to the company for predetermination prior to the treatment being rendered. A predetermination is an estimate of how benefits will be processed.

## Extension of Dental Benefits

We will continue to pay dental benefits for thirty (30) days following the termination date of the employee's or dependent's coverage if: the expenses incurred would have been eligible for payment had coverage remained in effect; and the impression for an appliance or modification of an appliance had been taken before termination and delivered and installed within 30 days following the termination of coverage; or a tooth was prepared for a crown, bridge or other lab fabricated restoration before termination; and it was delivered and installed within 30 days following the termination of coverage; or in the treatment of root canal therapy, where the pulp chamber was opened before termination.

## Termination of Coverage

Employee and dependent coverage will terminate on the earliest of the following events: (1) the last day of the month in which active employment ceases, unless the employee is on leave of absence, temporary layoff or total disability and the employer decides to continue paying for coverage; (2) the last day of the month in which the employee and/or dependent ceases to be eligible for insurance; (3) the date the employer ceases to be a Participating Employer; (4) the day before the due date of any premium that remains unpaid at the end of the grace period; (5) the date the policy terminates; or (6) the date the number of insured employees of a Participating Employer falls below two.

**For Underwriting Information, please refer to the Dental PPO-Indemnity Guidelines included with this Sales kit.**

# Exclusions

The following is a summarized list of services and supplies that are not generally covered and may vary by plan. For full details, refer to the plan's Certificate Booklet.

**Unless specifically included as a covered service, the following are not covered:**

- An appliance used to repair or replace missing teeth, or modification of an appliance, where an impression was made before the patient was covered; a crown, bridge or other lab fabricated restorations for which the tooth was prepared before the patient was covered; root canal therapy if the pulp chamber was opened before the patient was covered;
- Replacement of a lost or stolen or discarded prosthetic device;
- Dental services and supplies which are given primarily for cosmetic reasons including alteration or extraction of functional natural teeth for the purpose of changing appearance and replacement of restorations previously performed for cosmetic reasons;
- The initial installation of a prosthetic device (a fixed bridge, implant, or denture), including crowns and inlays which form abutments, to replace teeth missing before You were covered under the policy, except when it also replaces a tooth that is extracted while covered unless such installation commences after You have remained continuously covered under this plan for at least three years immediately prior to the date such installation commences;
- Expenses incurred for orthodontic treatment and orthodontia type procedures unless such procedures are covered under a BEST Life orthodontic rider;
- Charges in excess of Usual, Reasonable and Customary charges or in excess of the Calendar Year Maximum amount stated in the "Schedule of Dental Benefits" section of this Plan, or in excess of the Preferred Provider Fee Schedule;
- Services and supplies not reasonably necessary, or not otherwise specifically listed as an Eligible Expense;
- Charges for service provided for temporomandibular joint dysfunction (TMJ); expenses incurred for congenital or developmental malformations;
- Services and supplies performed outside of the United States of America are subject to a fixed fee schedule. Please see your schedule of benefits for description;
- Implants, implant services and implant supported prosthetics are not covered for patients under the age of 16;
- Any services or supplies for correction or alteration of occlusion, or any occlusal adjustments; expenses incurred for night guards or any other appliances for the correction of harmful habits;
- Expenses for "safe fees" (gloves, masks, surgical scrubs and sterilization);
- Expenses incurred due to treatment rendered by a family member. For the purpose of this limitation, "family member" includes, but is not limited to, Your lawful spouse, child, parent, step-parent, grandparent, brother, sister, cousin or in-law;
- Expenses for services for which You would not legally have to pay if there were no insurance;
- Services not completed on or before the date of termination must be completed within 90-days of the termination date, unless such services are covered under the Extension of Dental Benefits. If You or any of Your Dependents transfer from the care of one dentist to another dentist during the course of treatment, or if more than one dentist renders services for one dental procedure, BEST Life shall be liable only for the amount it would have been liable for had one dentist rendered the services;
- Adjustment, repairs or relines of prostheses for a period of one year from initial placement if the prostheses were paid for under this plan;
- If multiple endodontic treatments are necessary on the same tooth within a period of one year, the allowance will be made for only one procedure;
- The extraction of immature erupting third molars and non-pathologic, asymptomatic third molar extractions;
- Expenses for gross debridement allowed one time at the beginning of the periodontal treatment plan prior to pocket depth charting;
- Surgical procedures incidental to orthodontic treatment, including but not limited to, extraction of teeth solely for orthodontic reasons, exposure of impacted teeth, correction of micrognathia or macrognathia, or repair of cleft palate;
- Temporary services are considered an integral part of the final services rather than a separate service and are therefore not eligible for benefits;
- X-rays are considered an integral part of the endodontic procedure rather than a separate service and are therefore not eligible for benefits;
- Any combination of eight or more x-rays (including but not limited to bitewings or periapicals/intraorals) will be combined into a full mouth x-ray series;
- Expenses incurred for a core buildup will only be considered in conjunction with a crown;
- Chemotherapeutic agents and any other experimental procedures;
- Expenses incurred for veneers and related procedures.

This brochure is for descriptive purposes only. Please refer to Certificate Booklet for specific details about plan coverages, limitations and exclusions.

Sponsored by BEST Employers Association



BEST Life products are marketed and distributed by BEST Health Plans, LLC. Underwritten by BEST Life and Health Insurance Co.



# *Notes*



Dental

**BEST**  **Life**  
BEST Life and Health Insurance Company

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